



**Society for
Heart Failure and
Transplantation**

5th Annual Conference

Scientific Programme

**3 CME
Credit Points
by the Travancore
Cochin Medical
Council**

**23rd & 24th September 2017
The Raviz Kadavu, Calicut**



8.00 am

Registration

Hall A

Day 1

Chairpersons

Dr Sajeev C G - Calicut , Dr Rajesh Ramankutty - Kottayam, Dr Muhammed Shaloob - Calicut

Each talk 12 mins

09.00 - 10.00 am

SYMPOSIA - 1

Picture paints a thousand words - How imaging can guide clinical decision making in heart failure?

1. Should we still assess dyssynchrony?

Dr VL Jayaprakash, Kottayam

2. Imaging of congestion

Dr Praveen G Pai, Kochi

3. Is it time to replace the measurement of ejection fraction?

Dr Mahapatra, Mumbai

4. Ischaemic cardiomyopathy: Is viability testing still alive?

Dr P. Chandrashekar,
Coimbatore

Discussion - 12 mins

10.00 - 10.45 am

SYMPOSIA - 2

Chairpersons

Dr Kannan - Calicut, Dr Manoj P Nair - Kochi, Dr Feroz Aziz - Calicut, Dr Rafeeq A K - Ankamaly

Each talk 10 Mins

My Gift - How to make it perfect ?

1. How to make my donor as clean as possible ?
2. Organ preservation and enhancements
3. Managing an Allosensitized Patient to Transplant
4. Prophylaxis of infections in heart transplantation

Dr Jacob Abraham, Kochi
Dr Anand Subhramaniam,
Bangalore
Dr Vijay Shetty, Mumbai
Dr Suresh G Rao, Chennai

Discussion - 5 mins

10.45 - 11.00 am

Tea Break

11.00 - 11.30 am

Inauguration

11.30 - 11.45 am

GUEST LECTURE 1

Chairpersons

Dr Sajy Kuruttukulam - Kochi, Dr Asokan P K - Calicut

Talk 12 mins

Handling the double edged sword -
How to fine tune diuretic therapy in acute and
chronic heart failure ?

Dr Thresa MacDough, UK

Discussion - 3 mins

11.45 - 12.00 noon GUEST LECTURE 2

Chairpersons

Dr Murali Vettath - Calicut, Dr Prasad Surendran - Kannur

Talk 12 mins

Beyond survival: Quantity and Quality of life
after transplantation

Dr A. Zuckermann, Vienna

Discussion - 3 mins

12.00 - 12.45 pm SYMPOSIA - 3

Chairpersons

Dr Sumithran - Kollam, Dr Rohit Micka - Calicut, Dr Baburaj - Trichur, Dr Rajashekharan - Trivandrum

Each talk 10 Mins

To be the best, Learn from the best

1. My first transplant - lessons I learnt
2. My best Transplant
3. My worst Transplant
4. The Transplant which taught me the most

Dr Z Hamdulay, Mumbai
Dr Gopichand Mannam,
Hyderabad
Dr T Sunder, Chennai
Dr Julius Punnen, Bangalore

Discussion - 5 mins

12.45 - 13.15 pm GUEST LECTURE 3

Chairpersons Dr Muhammed Musthafa P P - Calicut, Dr Andreas Zuckermann - Vienna

Talk 25 Mins

My post transplant patient- Prescription list at discharge,
at 6 months and at 1 year

Dr Jayan Parameshwar, UK

Discussion - 5 mins

13.15 - 13.30 pm PRESIDENTIAL ORATION

Chairpersons Dr K Kunhali - Calicut, Dr K V Sahasranam - Calicut

Talk 15 mins + No discussion

Heart failure in Elderly - Challenges in Kerala

Dr K. Venugopal, Thiruvalla

13.30 - 14.00 pm LUNCH

14.00 - 15.00 pm RAPID FIRE SESSION

Chairpersons Dr Stigi Joseph - Ankamaly, Dr Harilal Nambiar - Calicut

Each talk 6 mins + No discussion

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|---|------------------------------------|
| 1. How to treat Amyloidosis with cardiologic tools? | Dr Harikrishna D, Calicut |
| 2. Chronic heart failure with hyponatremia.-
How to treat? Practical recommendations | Dr Rajesh Muralidharan,
Calicut |
| 3. Bromocriptine in Peripartum Cardiomyopathy | Dr Gireesh PV, Calicut |
| 4. How to image my patient with suspected
Cardiac Sarcoidosis ? | Dr Bhagirath, Bangalore |
| 5. Surgical techniques to treat tricuspid regurgitation –
The key procedure and other approaches | Dr Kiran Gopal, Kochi |
| 6. Role of Ticagrelor in HF patients | Dr Joby K Thomas, Kottayam |
| 7. Alternative Therapies for HF treatment -Hype/Hope | Dr Sandeep Mohan, Calicut |
| 8. Lung in a box and beating heart transplant | Dr Dhiren Shah, Ahmedabad |
| 9. ECMO Vs VAD as bridge to Transplant | Dr Manoras Mathew, Kochi |
| 10. HF therapies - Cost effective Analysis | Dr Hisham Ahmed, Kochi |

15.00 - 15.30 pm

DEBATE

Chairpersons

Dr S M Ashraf - Kannur , Dr Cibu Mathew - Thrissur

Each talk 12 mins + Rebuttal 4 mins

Should all patients with severe heart failure should receive an Implantable Cardioverter Defibrillator ?

1. I Think So

Dr Asishkumar M, Calicut

2. I don't Think so

Dr Rajesh G, Calicut

Rebuttal

Discussion - 2 mins

15.30 - 16.15 pm

SYMPOSIA - 4

Chairpersons

Dr Ashokan Nambiar - Calicut, Dr Ali Faizal - Calicut

Each talk 12 mins

All about the PARADIGM Shift - Symposium on ARNI

1. How does it work?

Dr Ajit Kumar V.K, Trivandrum

2. The evidences

Dr Theresa Mc Donagh, UK

3. Practical tips to introduce ARNI in my HF patients

Dr VK Chopra, Delhi

Discussion - 9 mins

16.15 -16.35 pm GUEST LECTURE 4

Chairpersons Dr Kewal Krishan - New Delhi, Dr G Rajesh - Calicut

Talk 15 mins How to manage RV failure with MCS - RVAD, LVAD, BiVAD ? Dr Jayan Parameshwar, UK

Discussion - 5 mins

16.35 - 17.00 pm GUEST LECTURE 5

Chairpersons Dr Manoj Agni - Bangalore, Dr Yugul Mishra - New Delhi

Talk 20 mins Cardiac surgery in heart transplant patients Dr A Zuckermann, Vienna

Discussion - 5 mins

17.00 - 17.15 TEA BREAK**17.15 - 17.45 pm GUEST LECTURE 6**

Chairpersons Dr Julius Punnen - Bangalore, Dr Asok Jayaraj P - Calicut

Talk 25 mins The Nightmare of Primary Cardiac Allograft Dysfunction- How do I tackle it ? Dr Catherine Sudharshan, UK

Discussion - 5 mins

17.45 - 18.30 pm

SYMPOSIA - 5

Chairpersons

Dr Sandeep Seth - New Delhi, Dr Shafeeq Mattummel - Calicut , Dr Rajagopal - Perinthalmanna,
Dr Thomas Stephen - Kochi

Each talk 10 mins

The year's best papers on heart failure

1. Imaging
2. Biomarkers
3. Medical therapy
4. Devices

Dr James Thomas, Kottayam

Dr Bino Benjamin, Thrissur

Dr Jay Pattam, Kochi

Dr Kewal Krishan, New Delhi

Discussion - 5 mins

18.30 - 18.45 pm -

GUEST LECTURE 7

Chairpersons

Dr Harikrishnan S - Trivandrum, Dr Girish P V - Calicut

Talk 12 mins

Repetitive use of inodilators in advanced heart failure -
The rationale, The scientific evidence, The clinical practice ?

Dr K. Suresh, Trivandrum

Discussion - 3 mins

18.45 - 19.00 pm GUEST LECTURE 8

Chairpersons Dr John F John - Calicut, Dr Jabir A - Kochi

Talk 12 mins

HF is a multi nutritional deficiency state -
Role of iron and other nutritional supplements

Dr Geevar Zachariah, Thrissur

Discussion - 3 mins

19.00 - 19.30 pm Panel Discussion

Moderator Dr S K Nair - Kochi

Panelists Dr K M Cherian - Chennai, Dr K R Balakrishnan - Chennai

Sharing the lighter moments in heart transplant in India

19.30 pm GBM**20.00 pm Dinner**

Hall B Day 1

11.30 - 1.30 pm CRT Workshop

Each talk 15 mins

CRT - From A to Z

1. CRT Case selection
2. Tips and Tricks of LV lead placement
3. CRT Optimisation and Follow Up

Dr Bhim Shankar - Kochi

Dr K K Narayanan Namboodiri,
Trivandrum

Dr Anand Marthanda Pillai,
Trivandrum

4. CRT Recent Advances

Dr Arun Gopi, Calicut

5. CRT Interesting Cases

Dr K U Natarajan, Kochi

6. CRT Implantation - Case Based Discussion/
Simulator Session

All faculties

Hall B

03.00 - 05.00 pm Cardiac Pathology Workshop

Your Gift Under My Microscope

Dr S Rajendiran - Chennai

Hall A Day 2**08.30 - 09.20 am SYMPOSIA - 7**

Chairpersons Dr Kuriakose K M - Calicut, Dr K P Markose - Perinthalmanna, Dr Arun Gopi - Calicut

Each talk 10 mins

Heart failure crises

1. VT storm
2. Diuretic resistance
3. Severe AS with Heart Failure
4. Ischemic MR - Surgical approach

Dr Ajit Thachil, Kochi

Dr Harikrishnan S, Trivandrum

Dr Salman Salahuddin, Calicut

Dr S Rajan, Chennai

Discussion - 10 mins

09.20 - 09.35 am GUEST LECTURE 9

Chairpersons Dr Suresh G Rao - Chennai , Dr Haridas P V - Vadakkara

Talk 12 mins

The Rhythm is Going to Get You:
EP Issues in cardiac transplantation

Dr Neeraj Parakh, New Delhi

Discussion - 3 mins

09.35 - 09.50 am

GUEST LECTURE 10

Chairpersons

Dr K M Cherian - Chennai, Dr Madhu Sankar - Chennai

Talk 12 mins

Heart Failure Surgery in India -
My travel through rough terrains

Dr KR Balakrishnan, Chennai

Discussion - 3 mins

09.50 - 10.15 am

GUEST LECTURE 11

Chairpersons

Dr V K Chopra - New Delhi, Dr M Sasikumar - Kochi

Talk 20 mins

How to deliver comprehensive Heart Failure Care ?

Dr Theresa Mac Donogh, UK

Discussion - 5 mins

10.15 - 10.30 am

TEA BREAK

10.30 - 11.15 am

SYMPOSIA 8

Chairpersons

Dr P.Chandrashekar - Coimbatore, Dr Murali Vettath - Calicut

Each talk 10 mins

How Do I do it ?

1. Harvesting heart lung block- Donor harvest
2. Heart Lung block explantation
3. Heart Lung block implantation
4. Heart Lung Block - Harvest to Implant - My suggestions and Modifications

Dr Thasee Pillay, Bangalore
 Dr K R Balakrishnan, Chennai
 Dr T K Jayakumar, Kottayam
 Dr Catherine Sudarshan, UK

Discussion - 3 mins

11.15 - 12.00 Noon

Case Based Discussion

Fulminant Acute Heart Failure - Can we break the vicious spiral ? A real life case

Moderator

Dr KU Natarajan

Panelists

Dr Jabir A - Kochi, Dr Rajendiran - Chennai, Dr Rajesh Kannan - Kochi,
 Dr Rajesh Ramankutty - Kottayam, Dr Bhagirath - Bangalore

12.00 - 12.15 pm

GUEST LECTURE 12

Chairpersons

Dr Theresa McDonagh - UK, Dr K V Sahasranam - Calicut

Talk 12 mins

How to prevent rehospitalisation in HF patients

Dr Sandeep Seth, New Delhi

Discussion - 3 mins

12.15 - 12.30 pm

GUEST LECTURE 13

Chairpersons

Dr Raveendran - Calicut, Dr Nasser Yoosuf - Calicut

Talk 12 mins

My slide through transplanted airways

Dr Paramez A R, Kochi

Discussion - 3 mins

12.30 - 13.15 pm

SYMPOSIA 9

Chairpersons

Dr Jacob Abraham - Kochi, Dr Pradeep K K - Kochi, Dr Naveen Mathew - Kochi

Each talk 10 mins

Rough Roads Ahead

1. MCS in Post Transplant patients - Indications and Timing
2. Pre Transplant Immunologic Risk Assessment
3. Antibody Mediated Rejection
4. CAV - Is this a problem for us in horizon?

Dr Manoj Durairaj, Pune

Dr Feroz Aziz, Calicut

Dr S Rajendiran, Chennai

Dr Jayan Parameshwar, UK

Discussion - 5 mins

13.15 - 14.00 pm

BEST CASES - AWARD SESSION

Judges

Dr V Nandakumar - Calicut, Dr Jose Chacko Periappuram - Kochi , Dr P P Mohanan - Thrissur,
Dr Jo Joseph - Kochi

Case Presentations

LUNCH

Hall B Day 2

09.00 - 12.30 pm ECMO WORKSHOP

Each talk 10 mins + Discussion 15 mins

ECMO - Everything Through Simulation

1. Overview of ECMO
2. ECMO Indications and Complications
3. ECMO Management

Discussion

4. ECMO Simulation - Practical Aspects and Safety in ECMO Initiation (Simulator Based)

Dr Catherine Sudarshan, UK

Dr Rajesh Ramankutty,
Kottayam

Dr T Sunder, Chennai

Dr. T. Sunder,
Chennai & Getinge Team